



## Corona Virus leads to increasing deaths all over the world

Rachel McDonald photo

**Jacob Rollett**  
*Sports Editor*

In the movie, *The Flu*, there is an outbreak of a deadly strain called H5N1 that can kill victims in 36 hours. The situation here in the U.S. is not that serious. However, it is winter, which is flu season, and the Corona Virus is on the loose; people need to take precautions to stay healthy.

"The best thing to do is, obviously, stay three feet away from people. Most stuff is spread air born. Make sure you wash your hands before you eat and use

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**-Mr. Jeremy Runge, social studies teacher**

hand sanitizer throughout the day. But really, washing your hands before you eat with warm soap and water. Make sure germs are getting off. Outside of that, there really isn't anything else because you students are in school, in close quarters, and in the hallway," school nurse Mr. Josh Harmon said.

If there is a possibility people are getting sick, stay away from them.

"Make sure if people are sick or if they have symptoms such as coughing or sneezing in their el-

bows, sneeze out in the open and it gets everywhere blowing snot in people's face. If you aren't feeling well, like a fever or symptoms, go get checked out. If you are contagious make sure you are staying home and not coming to school spreading it to everybody," Mr. Harmon said.

The viral virus like the flu is inevitable.

"The best thing you can do is stay away from people. With stuff like the Corona Virus, it is going to be viral so there isn't going to be a cure or medicine that completely gets rid of it. You can treat your symptoms with Tylenol or Advil for fevers or body aches.

If you cough, there is over-the-counter cough medicine. Overall, there isn't an antibiotic that you are going to take that will wipe it away," Mr. Harmon said.

This definitely impacts school attendance.

"The school absence rate goes up by like five percent because the winter tends to cause more sickness if the Corona Virus hits locally, people will definitely be more absent because if they aren't diagnosed with it they will say they are and not come to school. It has to be 24 hours fever free and not throwing up in order to come to school," Mrs. Holly Taylor attendance secretary said.

Most importantly, people should not panic.

"When it comes to this type of stuff, there is always a possibility, just with globalism and planes and all that good stuff. I personally am not too worried about it. In order to stop it, you would have to ban travel to and from China. Then, look up people's travel history, and if they are in China or around people from China, they wouldn't be permitted in the country," Mr. Jeremy Runge, social studies teacher, said.

### Tips to Stay Healthy

1. Avoid being exposed to the virus.

2. Wash hands often. If soap and water are not available, use hand sanitizer.

3. Avoid touching eyes, mouth and nose with unwashed hands.



4. Use a tissue when blowing nose and throw it away.

5. Disinfect possible infected areas frequently.

6. If you have traveled to China and have a fever, cough and trouble breathing, seek medical attention immediately.



7. If you have not been to China and are experiencing these symptoms, stay home and rest until symptoms go away.

8. Avoid people who are sick.

9. Practice general hygiene when visiting live animal markets, wet markets or animal product markets because animals can spread the Corona-virus.



Anna Cruser & Rachel McDonald photos



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